

| LUNDI | MARDI | MERCREDI | JEUDI | VENDREDI | SAMEDI |
|---------------------------------|----------------------------------|---------------------------------|----------------------------------|------------------------|--------|
| 9:30h-10:30h YOGA | 10:00h-11:00h YOGA - PILATES | | 8:30h -9:30h YOGA | COURS PRIVÉS | |
| | 14:00h -15:00h YOGA | | | 12:00h -13:00h YOGA | STAGES |
| | YOGA ENFANTS 17:00h - 18:00h | 17:00h-18:00h YOGA - PILATES | YOGA ENFANTS 16:45h- 17:45h | | |
| 18:00h -19:00h YOGA | 18:45 - 19:45h YOGA - PILATES | 18:15h-19:15h YOGA | 18:30h - 19:30h YOGA PRÉNATAL | COURS PRIVÉS | |
| 19:15h-20:15h YOGA - PILATES | | | | | |

YOGA.0

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